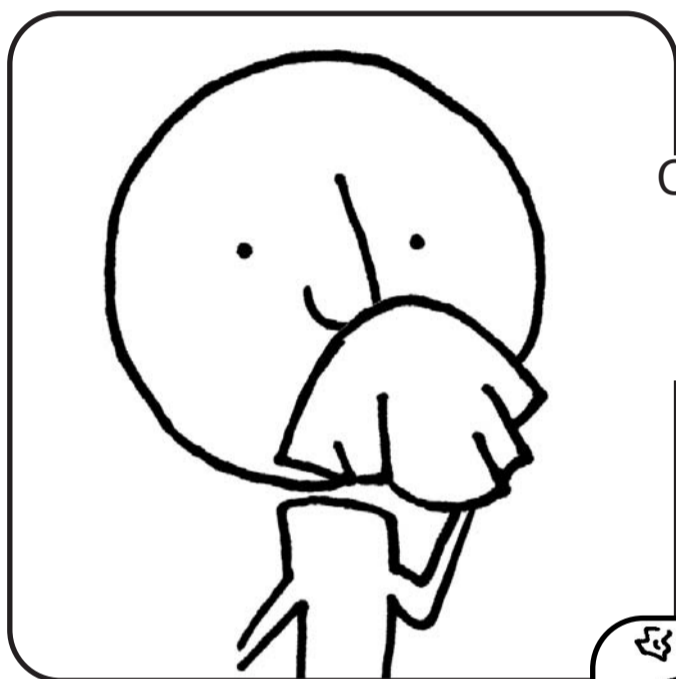


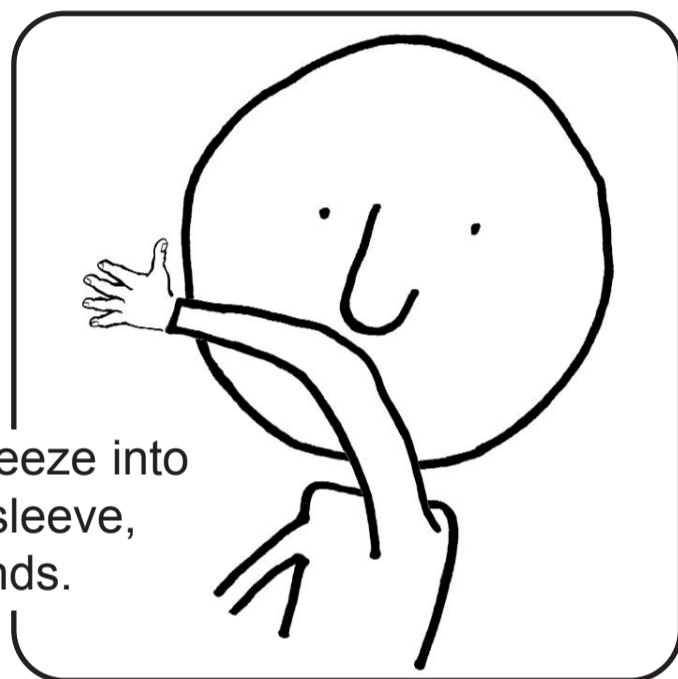
Stop the spread of germs that make you and others sick!

# Cover your Cough



Cover your mouth  
and nose with a  
tissue when you  
cough or sneeze

*or*  
cough or sneeze into  
your upper sleeve,  
not your hands.

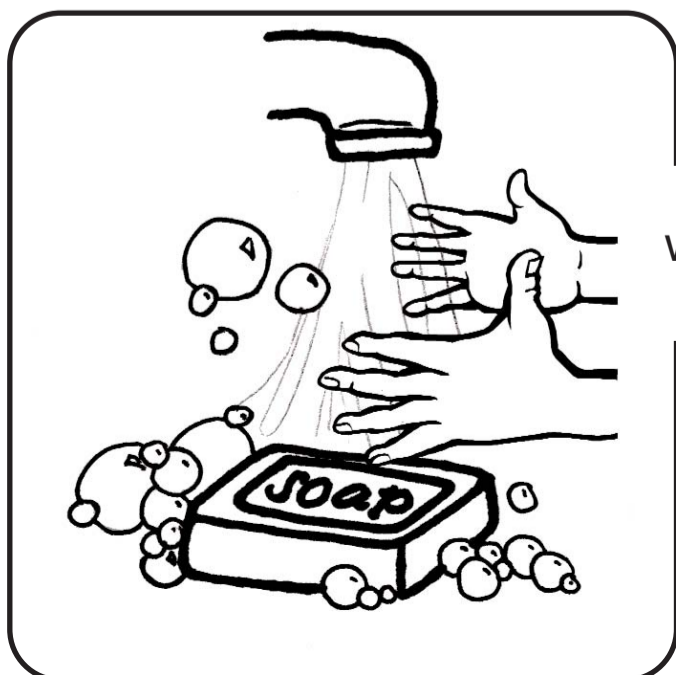


Put your used tissue in  
the waste basket.



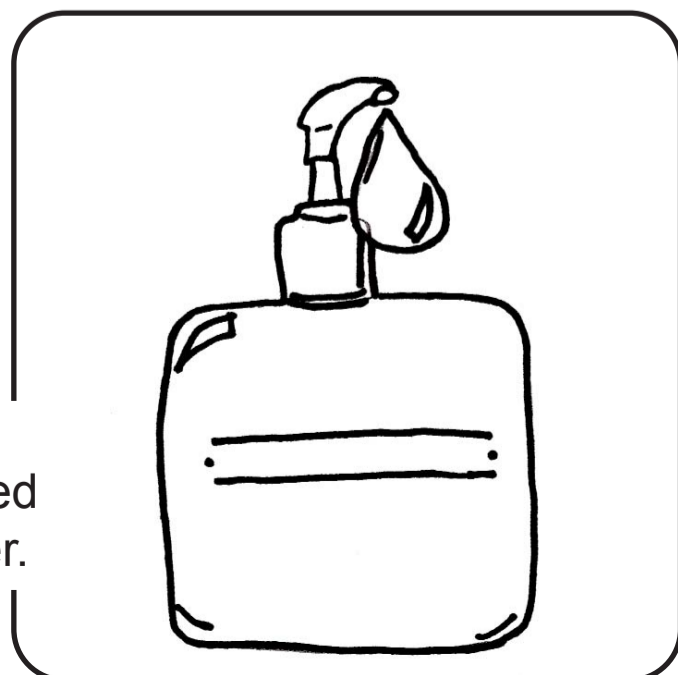
# Clean your Hands

after coughing or sneezing.



Wash hands  
with soap and  
warm water

*or*  
clean with  
alcohol-based  
hand cleaner.



# Antibiotics & You

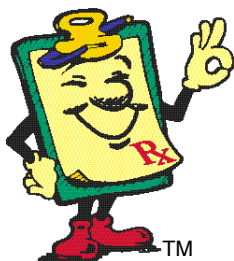
For antibiotics the rule is clear.  
It's simple, it's easy, it's important to hear.  
These drugs fight bacteria, not viruses, you see.  
But take as directed and better you'll be.  
Don't misuse them or share them or save them, my dear.  
Or else they won't work when you need them, I fear.

Stay healthy, drink fluids  
and always be clean.  
These rules are good,  
they're not meant to be mean.  
Antibiotic misuse is a danger.  
Preserve our lifeline,  
be a Resistance Ranger.



I pledge to help Resistance Ranger fight Antibiotic Resistance.

Name: \_\_\_\_\_



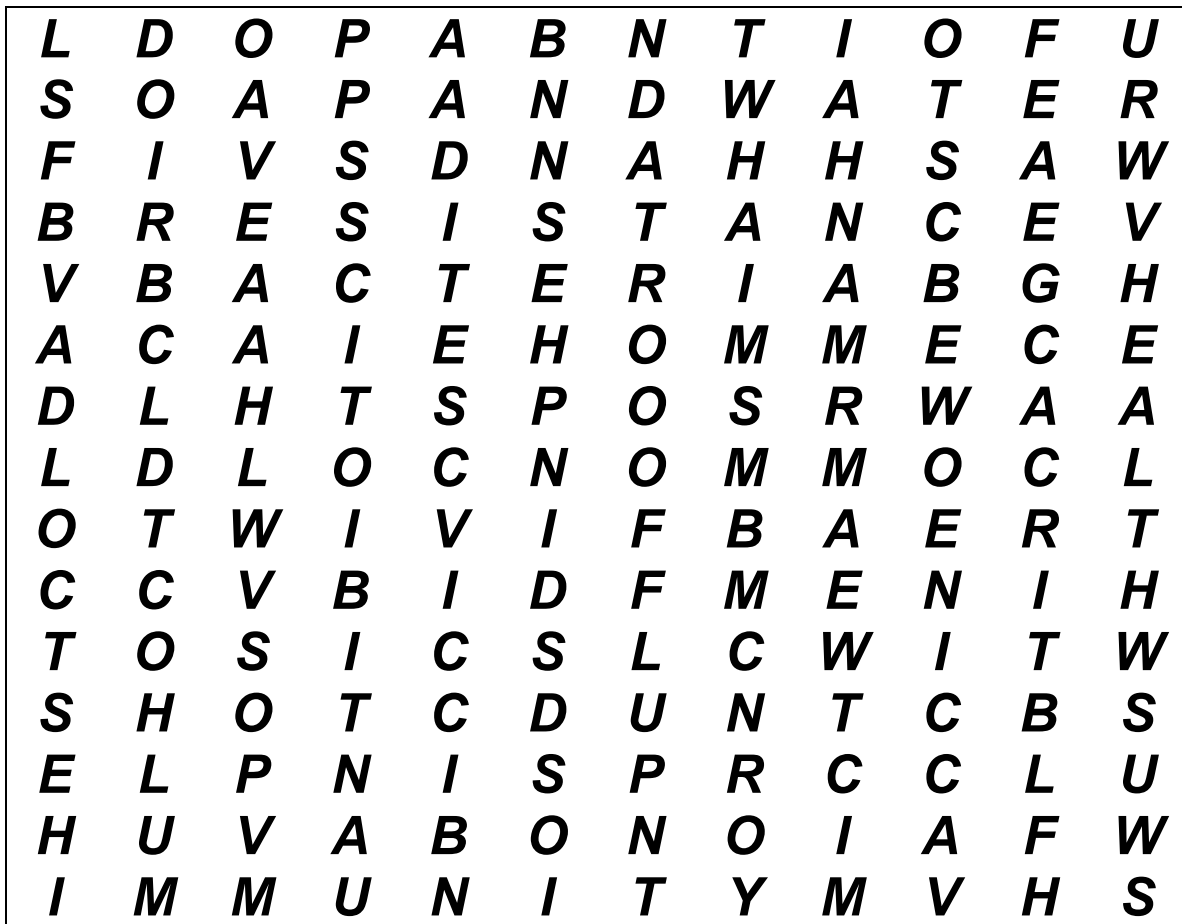
## MARR

Michigan Antibiotic Resistance Reduction Coalition

*Protecting our antibiotic lifeline.*

[www.mi-marr.org](http://www.mi-marr.org)

## Sniffle Smart Word Search

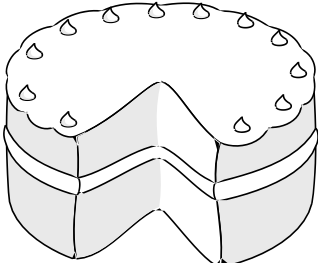


Help Resistance Ranger find the hidden words:

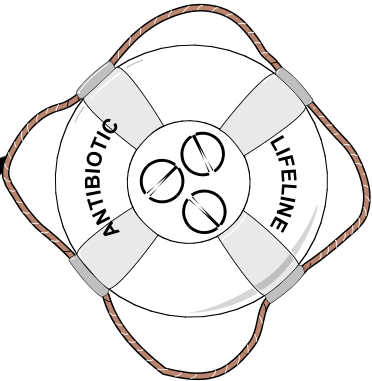
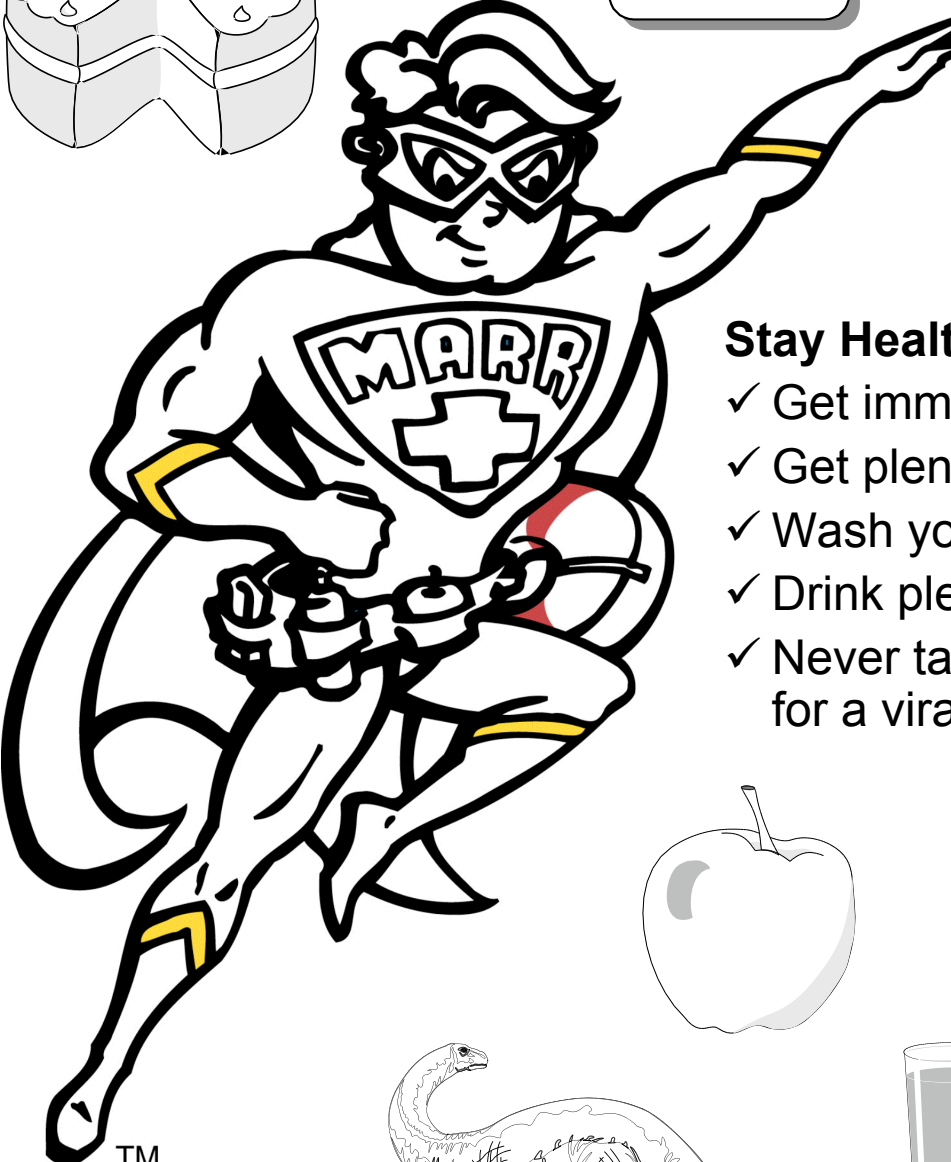
ANTIBIOTIC  
BACTERIA  
COMMON COLD  
FLU  
GERM  
HEALTH  
SOAP AND WATER  
VACCINE  
VIRUS  
WASH HANDS  
RESISTANCE  
IMMUNITY



Color Resistance Ranger and circle the things he needs in his tool belt.

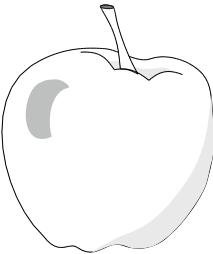


SOAP

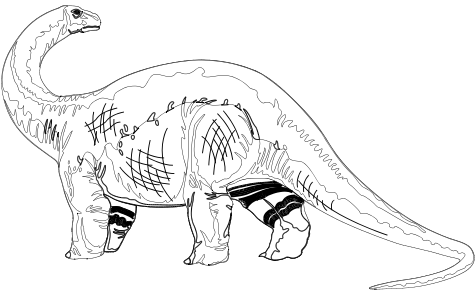
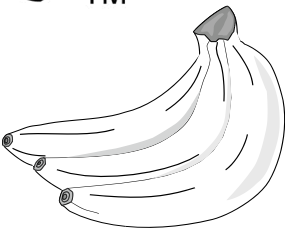


**Stay Healthy Checklist:**

- ✓ Get immunized
- ✓ Get plenty of rest
- ✓ Wash your hands often
- ✓ Drink plenty of liquids
- ✓ Never take an antibiotic for a viral infection



TM



**MARR**

Michigan Antibiotic Resistance Reduction Coalition

*Protecting our antibiotic lifeline.*